

Advice if you are in school year S2 or S3

If you need extra help to achieve your full potential at school or in the community, it may be that this has been identified already, and that you are receiving help already from education, health or social work. If you think that you would benefit from extra help, you should speak to someone you feel comfortable with about this. At school, you will have a “named person”, usually your guidance teacher, who is a point of contact for you or your parents to discuss any help you may need.

If you have an additional support need, perhaps as a result of a disability, or a mental health issue, or for any other reason, you may have an additional support needs plan or a co-ordinated support plan, or you may have a Child's Plan or an Integrated Child's Plan, or you may have additional support in place through agreement. If it is likely that you will need additional support into adulthood, it is important that the people involved in delivering this support begin the discussion with you and your family at an early stage about the kinds of things you would like to do as a young adult, and about how to help you to achieve this.

Transition planning is a process rather than an event, and the planning should begin at the age of 13 or 14 years.

While you are going to school, Education has a lead responsibility for making sure that all of the agencies involved, such as Health and Social Care, Education, Skills Development Scotland, Mental Health Services are working together to provide you with the support you need to achieve the things which are important to you. Each professional has a role to play to help you to achieve your ambitions, personal outcomes and potential.

If you would like to know more about Transition Planning, you can either ask your Guidance Teacher, or phone the Transition Team at 01698 332799.

***This information is provided by H&SC North Lanarkshire Council
Transition team.***