

Community based initiatives for Healthy Eating

Description of activity	Location	When held	How to access (self referral/book)	Contact
Healthy Hearts Club	Lawmuir and Sacred Heart Primary Schools, Bellshill	Mondays and Thursdays 3pm-4.15pm	Promoted to students and parents of the schools listed	David Hagerty (CLD) 01698 274685 Aisling Nolan 01698 242649
Tesco Brunch Clubs	Tesco Coatbridge, Wishaw, Motherwell and Airdrie.	12.30pm weekdays	LCFHP referral form	LCFHP 0141 771 5923
Weaning	GBT Shotts, Kirk Rd, Shotts, ML7 5ET	Contact direct	Contact	Getting Better Together Shotts 01501 825800
Weaning	Wishaw Family Learning Centre Greenside Rd, Wishaw, ML2 8DF	Contact direct	Contact	Wishaw Family Learning Centre 01698 522700
Weaning	Tannochside/Viewpark Primary Schools	Venue TBC	Contact	Carol Ann Waddell Homelink Worker 01698 274676
Weaning	Barnardo's Family Support Services 1-11 High Road Motherwell ML1 3HU	Various Venues	Contact Barnardo's	Gail Burnside 01698 262443 option 1
Weaning	Daisy Park, Cassels Street, Motherwell, ML1 1DX	Contact direct	Contact	Michelle Malarkey (CLD) 01698 524831 Elaine Dewar (CLD) 01698 524830