

## Hints and Tips on using can openers

### Product selection

- > If possible, try before you buy to ensure it is the right type of opener for you. If you have a friend who has one, you could try theirs first.

### General

- > Electric tin openers are a very good option for people with problems with the joints in their hands. Some are more effective than others, so try before you buy if you can.
- > People with rheumatoid arthritis or other painful hand conditions may find it helpful to have a can opener with a large handle, as gripping with the whole hand puts less strain on the hand than just gripping with the fingers.

### For the new style Good Grips can opener

- > For one handed use you may need something to steady the can e.g. non-slip mat or a spill mat.
- > It is possible to locate the correct position by feel until you get used to the product. You may need some practice to become proficient in using the can opener. Once you are used to it, it is one of the easiest to use and most hygienic ones on the market.

### Safety

- > Some can openers remove the whole lid but do not crimp the edge, this leaves a very sharp edge on the tin so we do not recommend these.