



Mentoring Service for Young Deaf People

*“To be allowed the time, space, understanding,
possibilities and potential for young Deaf
people like me are endless”*



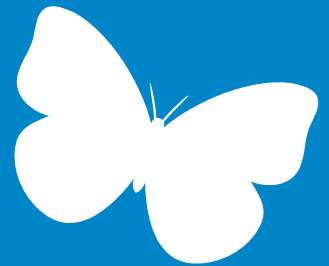
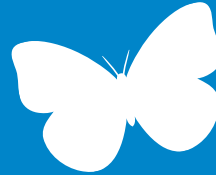
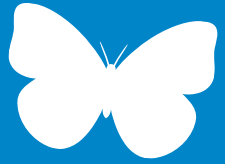
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What is Mentoring?

“Mentoring is having a safe, professional relationship with a more experienced or more knowledgeable person to help guide a less experienced person. The Mentor may be older or younger than the Mentee, but the Mentor must have a certain area of expertise”

Benefits of one to one mentoring from young Deaf person's perspective

- To be given my own space to improve my social skills, confidence, self-esteem
- To be given time to comfortably learn new skills of living in a bilingual world
- To be exposed to positive Deaf role models that can be trusted
- To be allowed new experiences with trained and experienced Mentors without being judged
- To be given the opportunity to make new friends like me
- To have time to develop a better understanding about my identity by meeting other Deaf people
- To learn how to overcome every day barriers and respond appropriately
- To develop the ability to self-reflect
- To become empowered to make my own decisions



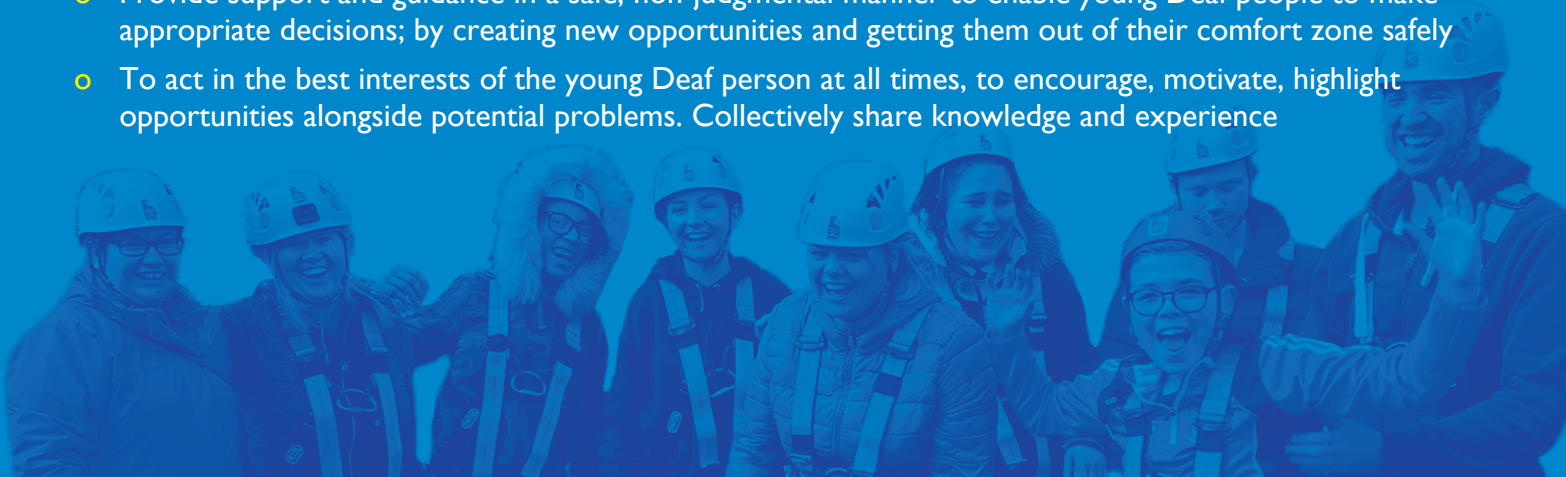
Who are the Mentors?

Mentors are trained, safe, positive Deaf role models who:

- Are recruited in line with BDA's rigorous recruitment policy to ensure the safety and wellbeing of young Deaf people
- Mentors are approved once they have successfully completed the Open College Network (OCN) Level 2 Mentoring training, Child Protection, Safeguarding Training and DBS, Access NI and/or Disclosure Scotland compliant
- All Mentors are chosen to ensure they are positive Deaf role models with a variety of communication methods and/or various backgrounds but most essentially Deaf-centred

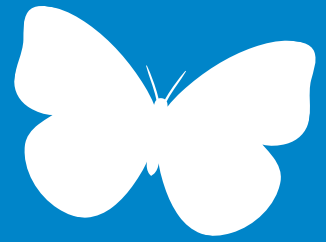
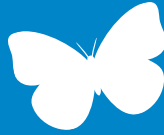
Role of the Mentor

- Enable young Deaf people/parents to develop and sign off their mentoring agreement
- Ensure the young Deaf person is independently enabled to set SMART (Specific, measurable, achievable, realistic and time-specific) goals
- Young Deaf person is enabled to focus on and support their own development, increase their confidence, motivation, aspirations and self-esteem
- Provide support and guidance in a safe, non-judgmental manner to enable young Deaf people to make appropriate decisions; by creating new opportunities and getting them out of their comfort zone safely
- To act in the best interests of the young Deaf person at all times, to encourage, motivate, highlight opportunities alongside potential problems. Collectively share knowledge and experience



What the Mentor and young Deaf person will do together:

- Agree a shared action plan to implement together
- Visit different locations to experience different activities (except swimming)
- Collective regular updates from the young Deaf person, Mentor and parents/guardians
- Complete progress reports and closure report once goals achieved
- Recognise and celebrate achievements
- Source appropriate solutions regarding low confidence with homework, transport, money management



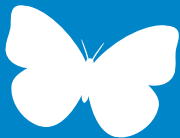
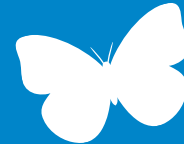
Costs

£100 per week, maximum 3 hours sessions to cover mentoring time, activities, refreshments for the young Deaf person and Mentor within 25 mile radius

Outside of the 25 mile radius (from the Mentor's base) will incur additional costs covering mentor travel time and transport costs.

Accommodation costs may be incurred with travel costs/time if needing to travel more than one hour outside of the immediate location of mentor/young person.

Should there be a need for multiple bookings, a discount can be negotiated.



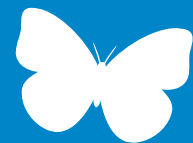
Beneficial Results Guide

10 sessions package to enable mentee basic awareness to develop coping strategies of being Deaf in a hearing world with options to explore own potential in both worlds.

20 sessions package to provide mentee intermediate awareness of coping strategies of being Deaf in a hearing world and understand what is available to reach own potential.

30 sessions package to provide mentee advanced awareness of coping strategies of being Deaf in a hearing world, attend appropriate group activities, meet other Deaf peers, meet appropriate Deaf role models, discover how others cope and reach own potential.

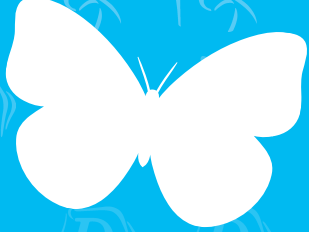
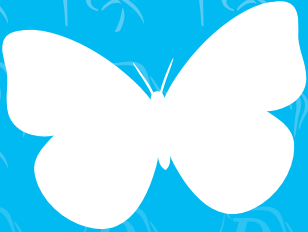
40 sessions package to provide mentee with life changing awareness of coping strategies of being Deaf in a hearing world, attend appropriate group activities, meet other Deaf peers, be introduced to other Deaf role models, develop confidence to make decisions about own potential.



What is the Referral Process?

A referral form can be requested. Once completed and returned, the Mentoring Officer will request a home visit to assess the young Deaf person in their own environment to assess need in order to determine the appropriate matching Mentor.





“Deaf Roots and Pride Project is important for my child because they thought they were the only Deaf child, they now realise there are more out there. It is important for them to see other Deaf children, their culture, various methods of communication, be it is signed or oral. It is good for them to see what it is like to be Deaf. It is important for my child to see what her future will be like.”

(Parent of a mentee after 30 weeks mentoring service)



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