

Barnardo's Axis Lanarkshire

- **Are you affected by your own or someone else's drug or alcohol use?**
- **Do you want things in your life to change?**
- **Are you aged 14-21?**
- **Are you a care leaver aged 26 or under?**
- **Do you live in North Lanarkshire?**

CALL US ON; 01698 262443 ext. 3

Before working with Axis my life was all over the place, now I have learned ways to cope and have goals for my future.

If it wasn't for Axis. I would be sleeping or drinking all the time. My confidence has now improved and I can now deal with more stuff. I am more aware of my own choices.

Axis managed to support both me and my mum. We now have a better relationship.



They meet with you when they say they will and actually take actions forward.

I thought Axis would hassle me and tell me what to do, when I met my worker she listened and didn't judge. She helped me do things I thought I could never do.