



Building Futures

Supporting Recovery Culture across North Lanarkshire

From the 1st of April, Phoenix Futures will launch their exciting new Building Futures service in North Lanarkshire.

Phoenix Futures
SCOTLAND
Experts in recovery for more than 20 years

 **Health & Social Care**
North Lanarkshire


Lanarkshire ADP
ALCOHOL & DRUG PARTNERSHIP

The service will provide support to people at any stage of their recovery journey; from people that are still using substances, to those looking to develop their recovery and get involved in their communities. The programme will operate from multiple locations across North Lanarkshire.

The service will offer a range of interventions, but each recovery plan will be tailored to suit individual needs. For service users, we will offer:

- CBT counselling
- Group work programme
- 1:1 peer mentoring
- SMART meetings
- Recovery Culture activities (Sport, art and nature activities to promote recovery!)
- Linkage with community groups

Building Futures will also provide support to family members and loved ones affected by substance misuse. To do this, we will offer:

- Community Re-enforcement and Family Training (CRAFT)
- Strengthening Families Programme
- PlayWay (outdoor play for families)
- Families and Loved Ones Accessing Mutual and Emotional Support (FLAMES) group

If you have any questions, please contact the service at:

42/43 Fountain Business Centre, 19 Ellis Street, Coatbridge, ML5 3AA

Call: 01236 425338 or 01236 426385

Fax: 01236 710100

lanarkshire.communities@phoenix-futures.org.uk