

## Groups that support and advise carers

The following service(s) provide help and support for Carers:

### **CONTACT INFORMATION:**

**Service Name:** Dial South Worcestershire

**Service Description:** Information and advice service for disabled people and carers. The website contains a list of organisations which provide advice, respite services and practical support for carers.

**Email:** [mail@dialsworcs.org.uk](mailto:mail@dialsworcs.org.uk).

**Tel:** 01905 27790.

**Website:** [www.dialsworcs.org.uk/the-guide/carers-support-and-respite](http://www.dialsworcs.org.uk/the-guide/carers-support-and-respite)

**Address:** 54 Friary Walk, Crowngate Centre, Worcester, WR1 3LE.

**Service Name:** Worcestershire Association of Carers

**Service Description:** The Worcestershire Association of Carers provides information, advice and support for unpaid adult carers in Worcestershire. They provide representation for carers at a local and national level and support carers to have a voice in decisions that affect them. There is a vast range of support and services available on the website including mental health well-being sessions, peer to peer support, end of life service and yoga and creative writing sessions. There is also advice and support for those who support someone with a diagnosis of long Covid. For more information, please visit the website.

**Tel:** 0300 012 4272

**Website:** [www.carersworcs.org.uk](http://www.carersworcs.org.uk)

**Service Name:** Carers Careline

**Service Description:** Carers Careline was established in March 1988. Our aim is to promote the health, mental and emotional wellbeing of adult carers, especially the elderly, in the local community through the identification of hidden carers, early intervention, preventative action and pastoral care. Over the years Carers Careline services have expanded and we now offer monthly support groups in Redditch (including one for male carers), information and signposting, social events and activities, pro-active telephone support, a drop in facility, a

counselling service and bereavement support on the loss of a loved one. We offer help and support to any carer over the age of 18 years.

**Email:** [info@carerscareline.co.uk](mailto:info@carerscareline.co.uk)

**Tel:** 01527 66177

**Website:** [www.carerscareline.co.uk](http://www.carerscareline.co.uk)

**Address:** Room 1, Ecumenical Centre, 6 Evesham Walk, Redditch, B97 4EX

**Service name:** The Rees Foundation

**Service description:** We understand the importance of having a lifelong support network. Our aim is to help care experienced people thrive. We offer help and advice to care experienced individuals about any concern and are always here to listen. We run a number of projects that hopefully can make a real difference to care experienced people of any age and want to celebrate any and all personal and professional achievements of those who have experienced being in care no matter how big or small.

**Email:** [contactus@reesfoundation.org](mailto:contactus@reesfoundation.org)

**Tel:** 0330 094 5645

**Website:** [www.reesfoundation.org](http://www.reesfoundation.org)

**Address:** Craftsman House Desalis Drive, Hampton Lovett, Worcestershire, WR9 0QE

**Service Name:** KEMP Hospice

**Service Description:** KEMP Hospice is the Wyre Forest Hospice offering valuable care and support to patients, families and carers who are experiencing life limiting illness and bereavement. Our Day Hospice Services include: nursing care, welfare support, physiotherapy, creative and complementary therapy. Our Family Support & Bereavement Service provides reassurance and a safe space for adults, children and young people to explore and express their emotions. Our counselling is open to everyone in the Wyre Forest area and without an existing connection to KEMP. Our Family Support & Bereavement Service includes: adult counselling, counselling for young people (ages 13 to 17 years), counselling for children (aged 5 to 12 years), 1-2-1 counselling sessions, group counselling sessions. At KEMP Hospice we do not charge for our care, so everyone can access the support they need no matter what their circumstances. You can refer yourself or someone you know to KEMP Hospice via a downloadable form on our website or contact us for more information. Registered Charity Number: 1146310

**Email:** [services@kemp hospice.org.uk](mailto:services@kemp hospice.org.uk)

**Tel:** 01562 756000

**Website:** [www.kemp hospice.org.uk/](http://www.kemp hospice.org.uk/)

**Address:** Kemp Hospice 41 Mason Road, Kidderminster, DY11 6AG

**Service Name:** Lifeways

**Service Description:** Lifeways is the UK's largest team of support professionals providing extraordinary support to adults in the community. Our 11,000 colleagues currently support almost 5,000 individuals who live in our 1,500 supported living and residential services across England, Scotland, and Wales. We support adults with diverse and complex needs, including learning disabilities, autism, physical disabilities, acquired brain injuries and mental health conditions, enabling them to live fulfilling and independent lives in the community. From the moment you get in touch with us, from finding the right location and accommodation, through to creating a support plan that's unique to each individual, we're here every step of the way.

**Email:** [LWSreferrals@Lifeways.co.uk](mailto:LWSreferrals@Lifeways.co.uk)

**Tel:** 0333 321 4881

**Website:** <https://www.lifeways.co.uk/>

**Address:** West Plaza, 10th Floor, 144 High Street, West Bromwich, West Midlands, B70 6JJ

**Service Name:** Worcestershire Care Services Directory - Care Choices

**Service Description:** The Worcestershire Care Services Directory contains all the information you need to know about care in your local area – from listings of care homes and services that can help you, to information about paying for your care. The publication is available as PDF, eBook or in print.

**Website:** <https://www.carechoices.co.uk/publication/worcestershire-care-services-directory/>