

## Programme Outcomes

- People and Carers feel more informed, listened to and less stressed
- People and Carers can creatively and flexibly plan to achieve personal outcomes including assessing community assets
- People and Carers have increased knowledge and understanding of self directed support principles and options for social care.

## We will build our knowledge of resources by :

- ◆ Attending community groups, events and organisations.
- ◆ We will link in with both health and social care professionals.
- ◆ Ensuring people are engaged, informed, included and empowered to make choices about their support and in turn helping us to effectively assist you.

## What will we do to meet these outcomes?

- ⇒ Signpost
- ⇒ Face to face meetings to help you decide what your needs are and how these may be met in the community
- ⇒ We can help you to understand a bit more about individual budgets and how we can help if you not eligible at this time.
- ⇒ Connecting people to appropriate services and supports on your local community.

### For more information

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## Commonly used terms

**Support in the right direction:** Is a government funded programme to support people who have gone through a social care assessment and deemed not eligible for an individual budget at this time.

**Assessment of Need which can be referred to as Community Care Assessment:** Is a review of your personal circumstances and needs carried out by your councils social work department they will look at your day to day living and recommend help or equipment as appropriate.

**Individual Budget:** An individual budget is money that is available to someone who needs support. The money comes from their local authority services.

**Self Directed Support:** Self Directed Support is Scotland's mainstream approach to social care. Self Directed Support (SDS) puts the person at the centre of the support planning process. It enables people, carers and families to make informed choices about what their social care support is and how it is delivered. Self Directed Support has 4 Options:

1. You choose to receive a Direct Payment to purchase support yourself. This can be done by employing a Personal Assistant or support worker.
2. The local authority may give you the option to choose your own support while it holds the money and arranges the chosen support on your behalf.
3. You choose to have the council select the appropriate support and arrange it for you.
4. This a mix of all the above options



## Support in the Right Direction (SiRD)

We are Laura and Bryony and we are the community connectors for this project.

We offer a service to people who are not yet eligible for an Individual Budget, or if there social needs can't be met by statutory services.

We have put together this information leaflet to tell you what our role is and how we may be able to help.

