



**COMMUNITY
LIAISON SERVICE**
NORTH LANARKSHIRE

Wellbeing ➔

**Directing you to
community support in
your area**



**Hospital Discharge Support
Programme**

The Community Liaison Service was established in 2013 with the aim of supporting hospital discharge in North Lanarkshire by providing a link between acute settings and the support provided in the community by the 3rd Sector. We provide this pre and post discharge. We meet with patients, families and carers to offer advice on possible community supports and refer to relevant community-based supports when required.

Community supports are varied and the information we provide may include support provided by the third sector as well as information relating to health promotion, social, cultural and physical activities. The information and advice we provide is tailored to you, your family and carers individual needs and interests. This information may include:

- Social opportunities
- Support for families and friends who have a caring role.
- Leisure and physical activities.
- Future planning.
- Support to help you self-manage specific health conditions.
- Directing you to help with welfare rights.
- Advice on how to provide feedback on the services that you receive and how to become involved in shaping future services.

“As a carer I sometimes feel guilty and wanting to look after myself, it is good to hear that there is support out there for me”

“I can’t be my mum’s friend; she needs social contact. It is so nice to hear that people are giving up their time to do this”

“Thank you for taking the time to speak with us, it will help us make important decisions in the future”

The service is available to all North Lanarkshire residents aged 16+ in hospitals and NHS sites across Lanarkshire. Referrals are welcome from patients, families/friends and all professionals.

For an informal chat about the service please contact:

Mark (Monklands Hospital) on 07715 093069

Or Gary (Wishaw Hospital) on 07802880479



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