

# Quit Your Way Free NHS Stop Smoking Service



Specialist Stop Smoking Advisers offering support  
and advice in and around Lanarkshire

0800 84 84 84

[www.QuitYourWay.Scot](http://www.QuitYourWay.Scot)

## Airdrie

Airdrie Health Centre, 40-42 Graham Street, Airdrie, ML6 6DB

Wednesdays 5.30pm - Report to main reception on level 1

Excluding public holidays

No appointment required

Contact Number: 01236 707714

## Bellshill

Bellshill Cultural Centre, John Street, Bellshill, ML4 1RJ

Mondays 5.15pm (5.45pm for new clients) Report to reception

Excluding public holidays

No appointment required

Contact Number: 01698 366979

## Blantyre

Larkfield Neighbourhood Hall, 150 Stonefield Road, Blantyre, G72 9PQ

Wednesdays 1.30pm – Large Hall

Excluding public holidays

No appointment required

Contact Number: 01698 723240

## Carnwath

Carnwath Surgery, Medwyn Medical Practice, 7 Biggar Rd, Carnwath, ML11 8HJ

Tuesday afternoons – For registered patients by appointment only – please call to arrange

Excluding public holidays

Contact Number: 01555 840214

## Coalburn

Douglasdale Medical Practice, 69 Ayr Road, Douglas, ML11 0PX

For registered patients by appointment only – please call to arrange

Excluding public holidays

Contact Number: 01555 851226

## Coatbridge

Coatbridge Health Centre, 1 Centrepark Court, Coatbridge, ML5 3AP

Wednesdays 10am – Meeting room

Thursdays 5.30pm - General waiting area

Excluding public holidays

No appointment required

Contact Number: 01236 707714

## Cumbernauld

Central Health Centre, North Carbrain Road, Cumbernauld, G67 1BJ

Mondays 5.30pm - Health Education Room

Excluding public holidays

No appointment required

Contact Number: 01236 707714

## Douglas

Douglasdale Medical Practice, 69 Ayr Road, Douglas, ML11 0PX

For registered patients by appointment only – please call to arrange

Excluding public holidays

Contact Number: 01555 851226

## East Kilbride

Hairmyres Hospital, Eagelsham Road, Glasgow, G75 8RG

Monday to Friday

By appointment only – please call to arrange

Excluding public holidays

Contact Number: 01698 723240

## Forth

Kingshill Medical Practice, 40 Manse Rd, Forth, Lanark, ML11 8AJ

For registered patients by appointment only – please call to arrange

Excluding public holidays

Contact Number: 01555 811200

## **Hamilton**

**Udston Hospital, Farm Road, Hamilton, ML3 9LA**

**Wednesdays 5.45pm – Calder Boardroom (Access via side entrance – buzzer entry)**

**Excluding public holidays**

**No appointment required**

**Contact Number: 01698 723240**

## **Kilsyth**

**Kilsyth Health Centre, Airdrie Rd, Kilsyth G65 4JE**

**Tuesdays 1pm – Report to main reception**

**Excluding public holidays**

**No appointment required**

**Contact Number: 01236 707714**

## **Larkhall**

**Larkhall Community Centre, 19 Montgomery Street, ML9 2AA**

**Tuesdays 6pm – Ground floor, lounge area**

**Excluding public holidays**

**No appointment required**

**Contact Number: 01698 723240**

## **Motherwell**

**Motherwell Health Centre, Windmillhill Street, ML1 1TA**

**Thursdays 5.15pm (5.45pm for new clients) First floor waiting area**

**Excluding public holidays**

**No appointment required**

**Contact Number: 01698 366979**

## **Rigside**

**Douglasdale Medical Practice, 69 Ayr Road, Douglas, ML11 0PX**

**For registered patients by appointment only – please call to arrange**

**Excluding public holidays**

**Contact Number: 01555 851226**

## **Rutherglen**

**Rutherglen Health Centre, 130 Stonelaw Road, G73 2PQ**

**Thursdays 6pm – Maternity care waiting room**

**Excluding public holidays**

**No appointment required**

**Contact Number: 01698 723240**

## **Viewpark**

**Burnhead Community Centre, Burnhead Street, Viewpark G71 5AT**

**Tuesdays 1.00 pm - The lounge area**

**Excluding public holidays**

**No appointment required**

**Contact Number: 01698 366979**

## **Wishaw (1 of 2)**

**Houldsworth Centre, Kenilworth Avenue, ML2 7LP**

**Wednesdays 5.15pm (5.45pm for new clients) – please report to main reception**

**Excluding public holidays**

**No appointment required**

**Contact Number: 01698 366979**

## **Wishaw (2 of 2)**

**Wishaw General Hospital, Netherton House, Block 4, Netherton Street, ML2 0DZ**

**Monday – Friday, 9am-2pm**

**Excluding public holidays**

**By appointment only – please call to arrange**

**Contact Number: 01698 366979**

## **Additional NHS Lanarkshire QYW Services**

**Quit Your Way Pregnancy Team: 07811 840351**

**Quit Your Way Mental Health Team: 01698 456219 / 07580 985255**

*Last updated 20/07/18*